St. Augustine's Episcopal Church Newsletter Vol. **9, Issue 3**

The Seventeenth Sunday after Pentecost **September 19, 2021**

The Collect

Grant us, Lord, not to be anxious about earthly things, but to love things heavenly; and even now, while we are placed among things that are passing away, to hold fast to those that shall endure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Keeping You Safe!!!!!!

- **Please wear a mask.** Surgical masks and cloth coverings can reduce viral transmission by 70% if everyone wears them and wears them correctly **over their nose and mouth!** Your mask should fit snugly against your face and remain there until you leave a public setting.

- **Remain in the pews** during the Exchange of the Peace. Greet your neighbor with a nod, a wink, or the wave of a hand.

- **Pass the plate? Not yet.** Your tithes and offerings should be placed in the red velvet basket (on the right) as you enter the sanctuary. The days of passing the collection plate may be over. Many of our church members have taken advantage of giving online.

- **Self-contained Communion packets** (wafer and wine) are provided each Sunday. Pull back the first seal and take the wafer, then the second seal and take the wine/grape juice. The empty containers will be collected in a basket and disposed of by an Altar Guild member.

- **Hand sanitizer** stations are throughout the church.

- **The** prayer books and hymnals have been removed from the pews. **Bulletins are printed weekly** for your personal use.

- **Observe social distancing**.

- **Canceled for 2021**: Fall Festival, Women's Day and Annual Bazaar

Reclaim Your Health and Spirit During a Women's "Glowing and Growing" Event on September 18

Women of all ages and backgrounds are invited to join Delegate Marcia Price, the City of Newport News, BGR8 Fitness, Sentara Careplex Hospital, and other partners for a unique event focused on inner and outer wellness. During the first "Glowing & Growing: A Women's Health & Wellness Event" on Saturday, September 18, experts on women's health will be at the Brittingham-Midtown Community Center at 570 McLawhorne Drive from 10 a.m. until 2 p.m. with one goal – to empower women with information that will help them lead a healthy life.

The event is planned in honor of Polycystic Ovary Syndrome (PCOS) Awareness Month. Many in the community are unfamiliar with PCOS, a hormonal disorder that affects 1 in 10 women of reproductive age. The aim of PCOS Awareness Month is to improve the lives of those affected by PCOS and help them overcome their symptoms, as well as prevent and reduce their risks for life-threatening related conditions.

The event will also include information on other health-related issues, primarily those affecting women. Spouses and caregivers are invited to attend to access resources and participate in support sessions. Women and families attending the event will leave empowered with knowledge and resources on a variety of health and wellness topics, including:

- More than 30 vendors with information on women's health resources
- Sessions on reproductive health issues, including PCOS, endometriosis, cancer and more
- Sessions for partners and supporters of those facing health challenges
- FREE COVID-19 Vaccinations
- Yoga and meditation sessions
- Fitness demonstrations
- Raffles and giveaways
- Food trucks
- And more!

The event will take place outdoors. Masks will be required and social distancing will be followed. Free childcare will be available on a first-come, first-served basis. For up-to-date information, visit the Glowing and Growing website.

Silence before the Service

Just as conversation can distract and keep people from praying, silent attention opens the gates to God's grace. Make the observing of the ten minutes of silence before the service part of your regular routine. — and perhaps add some silence each day as well.

Remember Our Sick and Shut In

If you know someone who is unable to get to church, for any reason, please let us know. We'd love to be able to visit with them and take them communion. If you know of someone who is sick, please do not assume we know. A quick phone call or email to the church secretary would be greatly appreciated. Judith Neal: judywneal71@gmail.com

Currently on our **Sick and Shut In** list are, Forrest Black, Linwood Collins, DeVera Cooke (NN Nursing and Rehab. Ctr.), Harold Dabney, Marjorie Emerson-Lawrence, Carolyn Hobson (The Devonshire Senior Living), Louis Johnson, Sandra Johnson (sister of Joan Moore), Icilma Lorde, Wanda Mallette, William Miller (home), Mia Monroe, Jackie Sydnor, Ulysses Sydnor, Beverly Pryor-Dunomes, Hope Walton, Doris Watson (home), Eddie West, David Whitley (home) and Charles Wilkins.

Lay Reader Duty Assignments for September and October	
September 19	**R. Parker and TBA**
September 26	**G. Whitted and A. Boyd**
October 3	**H. Monroe-Johnson and R. Watson**
October 10	**M. Incorminias and TBA**
October 17	**M. Black and S. Black-Moore**
October 24	**R. Parker and C. Watson**
October 31	**G. Whitted and A. Boyd**
On Sundays when Morning Prayer is conducted, a third lay reader may be designated.	

Your Episcopal Vocabulary

Sacristy: The room(s) near the sanctuary where the sacred vessels, vestments, altar linens and other supplies are stored, prepared, and cleansed. It is the non-observed liturgical space where members of the altar guild do their work and where the priest and servers may gather to prepare for services.

The Piscina: The sacristy of traditional Anglican churches includes a piscina, a special sink with a drain that goes into the ground rather than into the sewer system. All consecrated elements to be discarded should be poured into the piscina or into the earth, including wine in chalices, wine rinsed from purificators, wafer crumbs from the paten, holy water, sacred oils, blessed ashes, and baptismal water from the font.

A Birthday Prayer

God of all creation, we offer you grateful praise for the gift of life. Hear the prayers for your servants, who rejoice in your gifts of life and love, family and friends. Bless them with your presence and surround them with your love, that they may enjoy many happy years, all of them pleasing to you. We ask these blessings through Christ our savior. Amen.

September Birthdays and Anniversaries

2 – Lawrence G. Stewart, Jr.
3 – Rogèt Maldonoda
4 – Ana Maria Incorminias
Adrian Neal
5 – Vermon Miller
Michael Saunders
6 - Michael Draper
Anthony Saunders
8 - Hope An'Nisa El-Amin Walton
9 – Zelma "Zee" Maldonado
11 - Michelle Draper
11 – The Rev. Ralph E. Haines III
12 - Brittany Ransom
13 – Annette Monroe-Martin
15 – Brionna Atkins
Fatimah El-Amin Walton
Doris Watson
Lisa Whitaker-Taylor
17 – Forrest Lavar Black
Darnell Hooker
18 – Cynthia Adams
18 - Deborah Ransom
20 – Leila S. Earl
21 - Joyce B. Ponton
Brittany Watson
22 – Phyllis B. Jackson
25 – Torrin Travis
28 - Jessica Incorminias
Velma Person
David Whitted
29 – Curtis Brian Ponton
30 – Morgan Incorminias
Danielle Williams Canada

September Weddings Anniversaries:

1 – Thaddeus and Lady Savage
21 – Hope Sayles and Nate Pope
24 – Lenny and Amy Price
27 – Leonard and Judith Neal
29 - Christian and Zandria Haines

Heads of Parish Organizations

Altar Guild – Valeria Hundley

Daughters of the King – Marcia Black

ECW – Rose Parker

Men's Club – George Whitted

Outreach– Pam Hall

Senior Choir – Joyce Ponton

Samaritans – Roscoe Redcross

Trustees: George Whitted, Valerie Price and Roscoe Redcross

Current Vestry members, Clerk and Treasurer

Vestry terms end in January of the year listed by each name.

Senior Warden: Rose Parker
Clerk: Annette Monroe-Martin

Junior Warden: Sam Barnes
Treasurer: Roscoe Redcross

Ronald Ashby – '23

Sam Barnes – '22

Glenda Geer – '23

Pat Jackson – '23

Shawn Moore – '22

David Morgan Sr. – '22

Rose Parker – '22

Thaddeus Savage – '23

Ricky Watson – '23

George Whitted – '24

The Vestry

Requirements for vestry membership are spelled out in the Church bylaws. Judith Neal will provide you with a hard copy upon request.

The Vestry of St. Augustine's consists of nine church members elected by the congregation to serve in a leadership capacity in conjunction with the Rector. Each year, two to three members are elected for 3-year terms so that the Vestry has a factor of continuity. The group meets monthly, typically on the second Sunday of each month, to conduct the business of the church.

The Vestry has a Secretary/Register who is elected by the Vestry. This officer takes and publishes the minutes and fulfills other roles as needed. The Vestry also has a Treasurer who is elected by the Vestry. This officer is responsible for oversight of all financial matters of the parish and is supported by a Finance Committee.

News and Events in the Diocese of Southern Virginia

*Receive ***Parish News and Events*** from the Diocese of Southern Virginia by visiting www.diosova.org

*Check us out on **FaceBook**. Look for our website profile picture as there is another St. Augustine's with a Face Book presence.

Lay Readers

Lay readers are invited to consult www.netministries.org/Bbasics for correct biblical pronunciations.

St. Augustine's Web Site

http://www.staugustinesnn.org/

Newsletter contact: Rose Parker at rozebud48@gmail.com

Bible School Quilt Summer of 2018