

St. Augustine's Episcopal Church Newsletter Vol. 10, Issue 4

The Twenty-first Sunday after Pentecost

October 25, 2020

The Collect

Almighty and everlasting God, increase in us the gifts of faith, hope, and charity; and, that we may obtain what you promise, make us love what you command; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Symbolic Meanings of Autumn

Change - As the Greek philosopher Heraclitus once said, "The only constant is change." Autumn reminds us that our bodies, minds, and surroundings are always developing. It focuses on the impermanence of life, emphasizing how vital it is to embrace the present. By doing so, we can savor what we have before it is gone.

Mystery - Thanks to the changing nature of life, each and every day presents us with new mysteries. The crisp fall air and changing leaves personify these unknowns. And once we accept those unknowns, we have more capacity to live life to the fullest. After all, it's quite comforting to realize that we are all in the same boat facing the same sea of mystery.

Preservation - Autumn represents the preservation of life and its basic necessities. During this time, animals prepare for the winter by storing food and creating cozy hibernation spaces. Farmers work on their fall harvest by collecting a reserve of crops. We also tend to retreat indoors and focus on cultivating a safe and comforting home. In a way, the autumn season offers us a chance to reconnect with ourselves as we preserve our safe havens.

Protection - As summer morphs into autumn, we exercise self-protection by wearing layers and thicker fabrics. We also tend to focus on our health by boosting our immunity through habits and nutrition. Ultimately, autumn doubles as practice for heightened awareness of your self and surroundings.

Comfort - In the same vein as protection, comfort is strongly symbolized by fall. This season is prime time for seeking comfort in the midst of dropping temperatures. Creating a serene and snug space is one of the best perks of autumn, after all. It also gives you a chance to learn about what makes you feel warm and safe.

Balance - Day and night are the same length during the autumnal equinox. As a result, ancient cultures have always associated this day with the concept of balance. The sun also enters Libra, which is symbolized by a pair of balanced scales. Autumn grants us a chance to harmonize with the Earth and tap into the balance within us.

Letting go - As temperatures drop to the tune of leaves falling, autumn illustrates the beauty of letting go. It doesn't have to be considered morbid or morose. Instead, we can apply this concept to our inner egos and patterns of greed and pride. The idea of letting go also stresses the temporary nature of everything around us.

Source: <https://www.bustle.com/articles/185245-7-symbolic-meanings-of-autumn-that-remind-us-how-amazing-this-season-really-is>

Church Members Share Quarantine Activities

Wanda Mallette – “On October 1, 2020, I entered the Virginia 35 Mile Breast Cancer Challenge. I walked my 35 miles in two weeks at Fort Monroe Outlook Beach. I also raised \$415 in donations to the American Cancer Society.

As a two time survivor of breast cancer, I have seen tremendous gains in the care and treatment of breast cancer. So whenever asked, please donate to the American Cancer Society. Your donation is money well spent! (jumping off my soapbox)”



Wanda Mallette



Doris Watson

Doris Watson - Doris is an avid reader. In recent weeks, she has read Too Much and Never Enough by Mary L. Trump, PhD. (Who just happens to be the President’s niece), and also Disloyal: A Memoir by Michael Cohen, the former personal attorney to the President. She enjoys watching MSNBC. In her words, “This allows me to keep up with what’s going on with Covid 19 and the voting world.” She also enjoys watching “The View”. Doris is a retired English teacher. Because of her interest in world affairs, it’s safe to say that she would have made a wonderful teacher of American government.

Saint Augustine’s Member Survey (Repeated for Your reference)

Questions provided by Valerie Price and Joyce Ponton

Since being quarantined for the past several MONTHS due to Covid-19:

What have you learned about yourself?

What’s been the best part about being at home? What did you like least?

What TV programs have you mostly watched?

Name a few things that you have accomplished.

What do you miss?

What would you like to do once pandemic has ended?

How do you see our future?

Choose a few (or all) and send your answers to Rose, Valerie, or Joyce. Some of your responses will be included in a future edition of the weekly newsletter. We really want to hear from you.

Public Service Announcements

City Offers Tutor.com as Employee Benefit

Newport News first city in country to offer this support

The City of Newport News has partnered with [Tutor.com](https://www.tutor.com) to provide K-12 dependents of all of the city's 4,000+ full and part time employees free access to 24/7, on-demand, 1-to-1 online tutoring. Newport News is the first city in the country to offer Tutor.com's online academic support services as an employee benefit.

[Tutor.com](https://www.tutor.com) offers 24/7, on-demand, 1-to-1 online tutoring services across more than 75 subject areas for elementary, middle and high school students, ranging from basic science to algebra to world languages. Additionally, K-12 dependents of city employees also have access to student study-skills training, drop-off essay review, SAT/ACT prep, and more.

“Free” Drive-Through COVID-19 Testing & Flu Shots for Ages 12 and up

October 21, 2020 11:00 a.m. – 1:00 p.m.

Warwick Boulevard Physicians 9294 Warwick Blvd.

NATIONAL PRESCRIPTION TAKE BACK DAY

The Newport News Police Department (NNPD) is again participating in **National Prescription Drug Take Back Day**, an initiative designed to prevent increased pill abuse and theft. On **Saturday, October 24, from 10 a.m. until 2 p.m.** the NNPD will join the Drug Enforcement Administration and agencies around the country to collect potentially dangerous, expired, unused and unwanted prescription drugs for destruction. During this event, residents can drop off prescription medications with no questions asked.

There are three drop-off locations in Newport News:

Newport News Police Department – South Precinct

[3303 Jefferson Ave.](#)

[Newport News, VA 23607](#)

Sentara at Port Warwick – Emergency Room entrance

[1031 Loftis Blvd.](#)

[Newport News, VA 23606.](#)

Newport News Police Department – North Precinct (in the lot between the police and fire departments)

[368 Deshazor Drive](#)

[Newport News, VA 23608](#)

Your Episcopal Vocabulary

Canon – (1) The collection of books recognized as Holy Scripture. (2) The written rules of the Episcopal Church for governance. (3) Title of assistant priests at a cathedral.

Chancel – The area of the church that contains the pulpit, lectern, and altar, and is often raised in elevation and separated from the nave by a rail or screen. Often called the sanctuary..

October Birthdays and Anniversaries

- | | |
|---------------------------|-----------------------------------|
| 3 – Jackie Sydnor | 19 – Tandile Joy Jackson-Vinson |
| 5 – Joyce Corbin-Allen | 19 – Marjorie Emerson-Lawrence |
| Leonard E. Neal Jr. | 23 - Cavin Lavar Black |
| 7 - Rhea Ingram | 25 - Sheila Price |
| Kyle Kelly | |
| 9 - Kaila Grace Atkins | Anniversaries |
| Jocelyn Denice Scott | 4 – Peter and Jonna Howe |
| 11 – Jaielle Amelia Scott | 9- William and Vermon Miller |
| 13 - JoAnne Alston-Hooker | 10 - Mr. and Mrs. John Ingram III |
| Roger “Rick” Watson Jr. | 18 - Mr. and Mrs. Michael Foy |
| 17 - Nathaniel Pope | |

Lay Reader Duty Assignments for November	
November 1st	TBA
November 8th	H. Monroe and TBA <i>Rev. Shirley to conduct service.</i>
November 15th	M. Black and S. Moore (M. Travis)
November 22nd	C. Watson and R. Parker
November 29th	R. Ashby and TBA
Note: With the exception of Rev. Shirley (2nd Sunday), Miguel Incorminias and Ricky Watson will serve as officiant on alternating Sundays.	

Remember Our Sick and Shut In

If you know someone who is unable to get to church, for any reason, please let us know. We'd love to be able to visit with them and take them communion. If you know of someone who is sick, please do not assume we know. A quick phone call or email to the church secretary would be greatly appreciated. Judith Neal:
thanxb2god@verizon.net

Currently on our **Sick and Shut In** list are DeVera Cooke (NN Nursing and Rehab. Ctr.), Harold Dabney, R. Patrice Gilliam, Demetrice Harrell (daughter of Bettye Collins), Shelly Hayes (home), Carolyn Hobson (home), Sandra Johnson (sister of Joan Moore), William and Vermon Miller (home), Don Smith (VAMC) Aurelia Overton (home), Beverly Pryor-Dunomes, Hope Walton, Doris Watson (home), David Whitley (home) and Charles Wilkins.

Heads of Parish Organizations

Altar Guild – Valeria Hundley

Daughters of the King – Marcia Black

ECW – Rose Parker

Men's Club – George Whitted

Progressive Women's Club – Alberta Boyd

Outreach– Pam Hall

Senior Choir – Joyce Ponton

Samaritans – Roscoe Redcross

Our Trustees



George Whitted, Valerie Price and Roscoe Redcross

Vestry terms end in January of the year listed by each name.

Senior Warden: Rose Parker
Clerk: Annette Monroe-Martin

Junior Warden: Sam Barnes
Treasurer: Roscoe Redcross

Ronald Ashby – ‘23

Sam Barnes – ‘21

Glenda Geer – ‘22

Pat Jackson – ‘22

Shawn Moore – ‘21

David Morgan Sr. – ‘21

Rose Parker – ‘21

Thaddeus Savage – ‘22

Ricky Watson – ‘22

George Whitted – ‘23

The Vestry

Requirements for vestry membership are spelled out in the Church bylaws. Judith Neal will provide you with a hard copy upon request.

The Vestry of St. Augustine’s consists of nine church members elected by the congregation to serve in a leadership capacity in conjunction with the Rector. Each year, two to three members are elected for 3-year terms so that the Vestry has a factor of continuity. The group meets monthly, typically on the second Sunday of each month, to conduct the business of the church.

The Vestry has a Secretary/Register who is elected by the Vestry. This officer takes and publishes the minutes and fulfills other roles as needed. The Vestry also has a Treasurer who is elected by the Vestry. This officer is responsible for oversight of all financial matters of the parish and is supported by a Finance Committee.



Current Vestry members, Clerk and Treasurer

News and Events in the Diocese of Southern Virginia

*Receive *Parish News and Events* from the Diocese of Southern Virginia by visiting www.diosova.org

*Check us out on **FaceBook**. Look for our website profile picture as there is another St. Augustine's with a Face Book presence.

Lay Readers

Lay readers are invited to consult www.netministries.org/Bbasics for correct biblical pronunciations.

St. Augustine's Web Site

<http://www.staugustinesnn.org/>

Newsletter contact: Rose Parker at rozebud48@gmail.com